Are you caring for someone with dementia?

Dementia: Understanding the Journey
February 10, 2019 to March 19, 2019

No two people experience dementia in the same way; and there is no singular approach to supporting persons living with dementia. Dementia: Understanding the Journey is for all care providers regardless of experience or educational background. The course provides a range of information that should be used to support and enhance your approach to care.

Dementia: Understanding the Journey offers its learners:
- a holistic, person-centered philosophy to understanding dementia
- strategies to maintain a balance between offering support and encouraging independence
- strategies to maintain a person’s identity, dignity, and self-esteem
- strategies to provide quality care using an interdisciplinary team approach
- tools to assist in understanding and responding to behaviours

Dementia: Understanding the Journey is divided into nine sessions. All sessions must be attended before a certificate of completion is awarded. Learners participate in lectures, group discussions, interactive workshops, view videos and must successfully complete and present a final assessment project. Session dates and times are listed below.

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<tr>
<th>Dates</th>
<th>Time</th>
<th>Session Titles</th>
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| Monday February 10, 2020 – 9:00 am to 4:30 | Session 1: Recognizing Dementia  
Session 2: The Person Comes First |
| Monday February 24, 2020 – 9:00 am to 4:30 | Session 3: Supportive Care – Part 1  
Session 4: Supportive Care – Part 2 |
| Tuesday March 3, 2020 – 9:00 am to 4:30 | Session 5: Supporting Other Partners in Care  
Session 6: All Behaviour Has Meaning |
| Monday March 9, 2020 – 9:00 am to 4:30 | Session 7: Planning for Care  
Session 8: Me, Myself, and the Team |
| Thursday March 19, 2020 – 9:00 am to 1:00 | Session 9: Wrap Up, Presentations & Evaluations |

Location: Health Association Nova Scotia, 2 Dartmouth Road, Bedford, NS B4A 2K7 | Main Boardroom

Fee: $170.00 + HST = $195.50 (cheques payable to Health Association Nova Scotia) - Due first day of class.

Please complete and send back to Dementia: Understanding the Journey administration:
2 Dartmouth Road, Bedford, NS B4A 2K7
Fax (902) 832-8505,
Email: barbara.salkin@healthassociation.ns.ca

Name:
Organization:
Position:
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City, Prov, PCode: 
Telephone:
Email:

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