



Are you caring for someone with dementia ?

Dementia: Understanding the Journey

February 10, 2019 to March 19, 2019

No two people experience dementia in the same way; and there is no singular approach to supporting persons living with dementia. Dementia: Understanding the Journey is for all care providers regardless of experience or educational background. The course provides a range of information that should be used to support and enhance your approach to care

Dementia: Understanding the Journey offers its learners:

- 1 a holistic, person-centered philosophy to understanding dementia
- 1 strategies to maintain a balance between offering support and encouraging independence
- 1 strategies to maintain a person's identity, dignity, and self-esteem
- 1 strategies to provide quality care using an interdisciplinary team approach
- 1 tools to assist in understanding and responding to behaviours

Dementia: Understanding the Journey is divided into nine sessions. All sessions must be attended before a certificate of completion is awarded. *Learners participate in lectures, group discussions, interactive workshops, view videos and must successfully complete and present a final assessment project. Session dates and times are listed below.*

Dates	Time	Session Titles
Monday February 10, 2020	9:00 am to 4:30	Session 1: Recognizing Dementia Session 2: The Person Comes First
Monday February 24, 2020	9:00 am to 4:30	Session 3: Supportive Care – Part 1 Session 4: Supportive Care – Part 2
Tuesday March 3, 2020	9:00 am to 4:30	Session 5: Supporting Other Partners in Care Session 6: All Behaviour Has Meaning
Monday March 9, 2020	9:00 am to 4:30	Session 7: Planning for Care Session 8: Me, Myself, and the Team
Thursday March 19, 2020	9:00 am to 1:00	Session 9: Wrap Up, Presentations & Evaluations

Location: Health Association Nova Scotia, 2 Dartmouth Road, Bedford, NS B4A 2K7 | **Main Boardroom**
Fee: \$170.00 + HST = \$195.50 (cheques payable to Health Association Nova Scotia)- Due first day of class.

Please complete and send back to Dementia: Understanding the Journey administration:

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Name:

Organization:

Position:

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