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|  | **Are you caring for someone with dementia or Alzheimer’s Disease?**  **Dementia: Understanding the Journey**  **October 29, 2019 to November 26, 2019** |

No two people experience dementia in the same way; and there is no singular approach to supporting persons living with dementia. Dementia: Understanding the Journey (formerly Alzheimer’s disease and Other Dementias Care Course) is for all care providers regardless of experience or educational background. The course provides a range of information that should be used to support and enhance your approach to care

Dementia: Understanding the Journey offers its learners:

* a holistic, person-centered philosophy to understanding dementia
* strategies to maintain a balance between offering support and encouraging independence
* strategies to maintain a person’s identity, dignity, and self-esteem
* strategies to provide quality care using an interdisciplinary team approach
* tools to assist in understanding and responding to behaviours

Dementia: Understanding the Journey is divided into nine sessions. All sessions must be attended before a certificate of completion is awarded. *Learners participate in lectures, group discussions, interactive workshops, view videos and must successfully complete and present a final assessment project. Session dates and times are listed below.*

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| Dates | Time | Session Titles |
| Tuesday, October 29, 2019 – 8:30 a.m. to 4 p.m. | | Session 1: Recognizing Dementia  Session 2: The Person Comes First |
| Tuesday, November 5, 2019 – 8:30 a.m. to 4 p.m. | | Session 3: Supportive Care – Part 1  Session 4: Supportive Care – Part 2 |
| Tuesday, November 12, 2019 – 8:30 a.m. to 4 p.m. | | Session 5: Supporting Other Partners in Care  Session 6: All Behaviour Has Meaning |
| Tuesday, November 19, 2019 – 8:30 a.m. – 4 p.m. | | Session 7: Planning for Care  Session 8: Me, Myself, and the Team |
| Tuesday, November 26, 2019 – 9 a.m. – 11:30 a.m. | | Session 9:  Wrap Up, Presentations & Evaluations |

**Location: 4th Floor VMB Room 4323a & 5 East (Garrison East) Resource Room, 5th floor,**

Camp Hill Veterans’ Memorial Building, QE II, Halifax

**Fee:** $105.00 + HST = $120.75 per student

(Cheques payable to Veterans’ Services) includes course manual

**Please complete and return to Lisa Langille by October 1st 2019**

fax (902) 473-4867 or email at [lisa.langille@nshealth.ca](mailto:lisa.langille@nshealth.ca)

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Organization: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Position: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Mailing Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**City, Prov, PCode: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Telephone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Fax: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Lisa Langille, Veterans’ Services**

**Suite 2631, 2nd floor CHVMB, 5955 Veterans” Memorial Lane, Halifax, N.S. B3H 2E1 Phone (902) 473-5924**