

Person-centred education by people who *care*.

IS THIS COURSE FOR YOU?

Dementia: Understanding the Journey is developed for all care providers regardless of experience or educational background.

The course has had a phenomenal impact on my understanding of ... dementias. It has dispelled some myths and deepened my knowledge not only in relation to this caregiving for people with dementia but in caregiving in general. — Heather Kellerman

FOR MORE INFORMATION:

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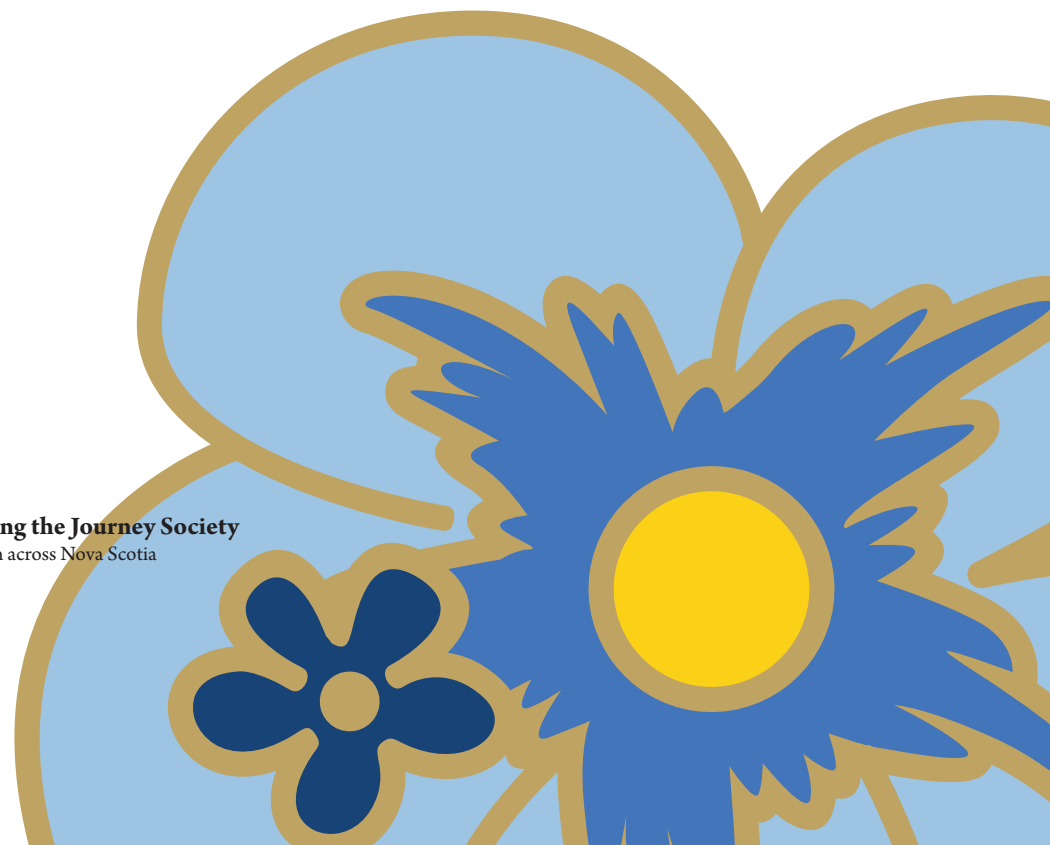
The Dementia: Understanding the Journey Society

A non-profit group of volunteers from across Nova Scotia

042016

Dementia: Understanding the Journey

Education Makes a Difference



WHO WE ARE

Dementia: Understanding the Journey was **created by a diverse community of health care professionals** who have combined academic research with experience in the field to develop an education program that **recognizes the person and focuses on individualized support**.

The efforts of the Dementia: Understanding the Journey society are enhanced by strong relationships with health care employers and employer associations, Alzheimer Society of Nova Scotia, the Nova Scotia Centre on Aging, the Department of Health and Wellness, post-secondary education institutions, and Veterans' Services Canada. Together we seek to maintain and build upon the success of the course.

I would recommend this course to new and experienced health care professionals, I know that it has already helped me interact better with ... dementia clients and will continue to be a great resource in my new profession. — Sandra Dee

WHAT WE BELIEVE

No two people experience dementia in the same way; and there is no singular approach to supporting persons living with dementia. *Dementia: Understanding the Journey* was created to develop and enhance the competencies of current and future health care providers. Its **core goal** is to provide **standardized foundation education** for those supporting people living with dementia.

OUR MISSION

To promote a person-centred approach to providing care and services for persons living with dementia through the ongoing development, promotion, and administration of the Dementia: Understanding the Journey.

OUR VISION

Enhancing care for persons living with dementia through quality education.

WHAT WE DO

Dementia Understanding the Journey provides its learners:

- ✿ a holistic, person-centred philosophy to understanding dementia
- ✿ strategies to maintain a balance between offering support and encouraging independence
- ✿ strategies to maintain a person's identity, dignity, and self-esteem
- ✿ strategies to provide quality care using an interdisciplinary team approach
- ✿ tools to assist in understanding and responding

Dementia: Understanding the Journey is a 27 hour course divided into 9 sessions of three hours each. All sessions must be attended and a final project completed before a certificate of completion is awarded. Learners participate in lectures, group discussions, interactive workshops, view videos.

The course is delivered through a variety of organizations such as education and health care providers, referred to as *delivering organizations*. Delivering organizations take on the responsibility to deliver the Course. Approved facilitators coordinate the onsite operations and ensure the learners gain the required learning. Please contact us for more information on course delivery.

